

Budo Rules

1. I am friendly and helpful to all classmates.
2. I practice carefully and considerately, so that no one gets hurt or injured.
3. I never use the budo techniques outside the dojo in brawls to hurt anyone or to show off my skills.
4. I don't romp around, shout and scream in or in front of the dojo.
5. I keep the dojo clean and tidy and take care that nothing gets broken.
6. I attend classes regularly and on time.
7. I bow in the doorway when I enter or leave the dojo, and to my partner at the beginning and end of each exercise.
8. I enter the mats only with a clean and tidy budo uniform as well as freshly washed hands and feet. I remove watches and jewelry before.
9. I am attentive in class and don't disturb by talking or fidgeting.
10. I follow the instructions of my teacher and practice only the exercise just shown.